

ANTI-BULLYING PLAN 2023

Sackville Street Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Sackville Street Public School commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Twice per Term	Behaviour code for students
At least twice a Term	Senior Executive staff speak to the student body at fortnightly assemblies about Anti-Bullying and our expectations regarding student behaviour
Fortnightly	Newsletter to all families with reference to our expectations and links to further information
HERO App	Regular communication is shared on the software platform HERO and is sent to staff, students and community

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1, week 1	Handover to new teachers of social/emotional/backgrounds of students and anti-bullying procedures and expectations
Yearly in class cohorts	Establishment of co-constructed rules and consequences as per school expectations
Term 1, 2023	4 days intensive 3C Training for all staff on Choice Theory and Reality Therapy which underpins our expectations around behaviour and anti-bullying
Term 2	School Development Day PL on Implementation of Choice theory lessons, school plans and vision statement for wellbeing

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

New and casual staff will be informed about the school's approaches and strategies to prevent and respond to student bullying behaviour, when it does occur. For example:

- information is provided in a handout to staff when they enter on duty at the school
- an executive staff member speaks to new and casual staff when they enter on duty at the school
- the principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Week 4, Term 1	Meet the teacher event and booklet which included defining student bullying and school supports systems and contacts in the school
Week 6, Term 1	Parent Forum with a focus on Choice Theory and Reality Therapy which underpins our school systems and procedures for Anti-Bullying and behaviour expectations.
Ongoing	Newsletters and information shared on website, Facebook and HERO
Ongoing	Parent/Carer phone calls, letters and digital communication through HERO

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

Our school's practice support student wellbeing and positive behaviour approaches that align with our school communities needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PD H PE) lessons.

Examples of other ways our school will embed student wellbeing and positive behaviour practices and approaches includes the following:

- Incursions and Anti-bullying presentations
- Regular talks and connection with the Police Youth Liaison officers
- Cyber-safety lessons annually
- Student/teachers mentors
- Buddy classes
- School Camps - team building

Completed by: *Michelle Murhan*

Position: *Deputy Principal*

Signature: *MMurhan*

Date: *12/5/23*

Principal name: *Lylie Lynham*

Signature: *L Lynham*

Date: *10-5-2023*